



Health, Illness and Emergency

Policy statement

Over the Rainbow is committed to encouraging and promoting good health and to dealing efficiently and effectively with illnesses and emergencies that may arise while children are in our care.

Procedures

First Aid

Under duties set out in the Health and Safety (First Aid) Regulations 1981, Over the Rainbow recognises its responsibilities in providing adequate and appropriate equipment, facilities and personnel to enable suitable first aid to be given at the setting.

Over the Rainbow has an overall designated member of staff responsible for First Aid (manager/person in charge of session). This person has an up to date First Aid certificate. They are responsible for maintaining the correct contents of all First Aid boxes and administering basic First Aid when necessary and appropriate. All other staff are first aid trained as part of their induction.

The Manager and the designated member of staff will ensure that there is a fully trained First Aider available at all times during sessions. The Manager will be responsible for enabling the members of staff concerned to receive adequate first aid training.

The First Aid box will be regularly checked to ensure its contents are up to date, in good condition and fulfil the criteria set out in the Health and Safety (First Aid) Regulations 1981.

The box should contain the items set out in the guidance leaflet and hold enough equipment for 50 people.

The location of the First Aid box, and the names of any other qualified first aiders, will be clearly displayed around the premises.

A First Aid box will be taken on all off-site visits or outings. This is the responsibility of the designated First Aider, or where this is not possible, the Manager.

In the Event of a Major Accident, Incident or Illness:

Over the Rainbow requests that parents/carers sign the permission on the Registration Form, enabling the Manager or any member of staff so empowered, to give permission for emergency medical treatment for their child in the event of a major accident, incident or illness occurring at the club.

In the event of such an event, the following procedures will apply:

- In the first instance, the First Aider will be notified and take responsibility for deciding upon the appropriate action.
- The First Aider will assess the situation and decide whether the child needs to go straight to hospital or whether they can safely wait for their parent/carer to arrive.
- If the child needs to go straight to hospital, an ambulance will be called. The parent/carer will also be contacted. A member of staff will accompany the child to the hospital and will consent to medical



treatment being given, so long as the Emergency Medical Treatment Form has been completed and signed.

- If the child does not need to go straight to hospital but their condition means they should go home, the parent/carer will be contacted and asked to collect their child. In the meantime, the child will be made as comfortable as possible and be kept under close supervision (from this point on, the provisions of the setting's Infectious and Communicable Diseases policy will govern the child's return to the setting).
- Parents/carers will be made fully aware of the details of any incidents involving their child's health and safety, and any actions taken by the setting and its staff.
- All such accidents or incidents will be recorded in detail and logged in the Incident Record Folder or the Accident Record Book. Parents/carers will be asked to sign in the relevant section of the book to acknowledge the incident or accident and any action taken by the setting and its staff.
- The Manager and other relevant members of staff should consider whether the accident or incident highlights any actual or potential weaknesses in the setting's policies and procedures, and act accordingly, making suitable adjustments where necessary.

In the Event of a Minor Accident, Incident or Illness:

- In the first instance, the designated First Aider will be notified and take responsibility for deciding upon any appropriate action.
- If the child does not need hospital treatment and is judged to be able to safely remain at, The PlayDen. The First Aider will remove the child from the activities and, if appropriate, treat the injury/illness themselves.
- If and when the child is feeling sufficiently better, they will be resettled back into the activities, but will be kept under close supervision for the remainder of the session.
- At the end of the session, the First Aider will fully inform the parent/carer of the incident or accident and any treatment given.
- If the injury or illness incurred is such that treatment by the First Aider is deemed inappropriate, but does not warrant hospitalisation, the parent/carer will be contacted immediately and asked to collect their child. Until the parent/carer arrives, the child will be kept under close supervision and as comfortable as possible (from this point on, the provisions of the setting's Infectious and Communicable Diseases policy will govern the child's return to the setting).
- All such accidents and incidents will be recorded in detail and logged in the Accidents/Incidents Record Folder and parents/carers should sign to acknowledge the incident and any action taken.
- The Manager and any other relevant staff should consider whether the accident or incident highlighted any actual or potential weaknesses in the setting's policies or procedures, and make suitable adjustments if necessary.

In circumstances where the designated First-Aider is absent, the Manager will assume all responsibilities, or nominate an appropriately trained replacement.



- Staff may only administer medication to the child if it is on prescription, and if the request to do so is from the child's parent or carer and is given in writing at the start of a session, stating frequency and dosage. Parents/carers can make such a request by completing and signing the Administering Medication Form.
- Staff have the right to decline such a request from a parent/carers if they are in any way uncomfortable with this. The setting is likely to decline a request from parents/carers to administer medication where this involves technical knowledge or training.

The procedure for administering medication at the setting is as follows:

Medication will never be given without the prior written request of the parent/carers, including frequency, dosage, any potential side effects and any other pertinent information.

A member of staff will be assigned to administer medication for each individual child concerned (this will normally be the Special Educational Needs Coordinator (SENCO)/Inclusion Coordinator INCO).

They will also be responsible for ensuring that:

- prior consent is arranged.
- all necessary details are recorded.
- that the medication is properly labelled and safely stored during the session.
- another member of staff acts as a witness to ensure that the correct dosage is given.
- parents/carers sign on the Medication Record Log in the child's Health Care Plan to acknowledge that the medication has been given.

If for any reason a child refuses to take their medication, staff will not attempt to force them to do so against their wishes. If and when such a situation occurs, the Manager and the child's parent/carers will be notified, and the incident recorded in the Medication Record Book.

Staff **WILL NOT** administer 'over the counter' medication, only that on prescription.

Where children carry their own medication (asthma pumps or insulin for example), the Club recommends that staff hold onto the medication until it is required. This is to minimise possible loss of medication and to ensure the safety of other children. Inhalers should always be labelled with the child's name.

If there is any change in the type of medication – whether regarding dosage or other changes to the information given on the Administering Medication Form – a new form must be completed.

Sun Protection

The Manager and staff understand the dangers posed to children and themselves by over exposure to the sun.

In hot weather, parents/carers are encouraged to provide sunscreen for their children. A store of sun protection SPF 50 will also be kept on the premises. Children will also be encouraged to wear a hat when playing outside in the sun.

When deemed necessary, staff may apply sunscreen to children who cannot do so for themselves, where prior permission has been given by the parent/carers on the Registration Form.



In hot weather, staff will encourage children to drink water frequently. Staff should also ensure that shady areas out of the sun are always available to children when playing outside.

Covid19

Suspected/confirmed case of COVID-19

- We ask that if your child is unwell or you have been contacted by NHS Track and Trace then you follow the guidelines and ensure you contact us immediately.
- If you or your child is diagnosed with COVID-19 you will inform us immediately and we will follow PHE guidance.

Government guidance for suspected or confirmed cases of COVID-19 in childcare settings [Read](#)

Closing the setting in an emergency

In very exceptional circumstances, the Club may need to be closed at very short notice due to an unexpected emergency. Such incidents could include:

- Serious weather conditions (combined with heating system failure).
- Burst water pipes.
- Discovery of dangerous structural damage.
- Fire or bomb scare/explosion.
- Death of a member of staff.
- Serious assault on a staff member by the public.
- Serious accident or illness.
- Serious staffing issues (when this affects the ratios of children).

Enforced local/UK lockdown (COVID-19)

By order of Government, Local Authority or Environmental Health

In such circumstances, the Manager and staff will ensure that all steps are taken to keep both the children and themselves safe. All staff and children will assemble at the pre-arranged venue, where a register will be taken.

Steps will then be taken to inform parents/carers and to take the necessary actions in relation to the cause of the closure. All children will be supervised until they are safely collected.

This policy was adopted at a meeting of	Over the Rainbow
Held in:	September 2020
To be reviewed in:	November 2021
Signed on behalf of the setting:	
Name of Signatory:	
Role of Signatory:	Manager Deputy Manager